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Dear Parents / Carers

We hope that you have all had a good day settling down into day 1 of the Wreake Valley Virtual School. I know that there have been teething troubles nationwide with trying to access the internet. Hopefully this will settle down over the next few days.

As you are devising your new routines I thought it would be useful to share the following guidance with you:

- Encourage your child to get up at the same time each day
- Agree a timetable of work – when will school work be completed? When is lunch, leisure time?
- Talk to your child about their work
- Ensure any work is submitted / quizzes are completed
- Contact the teacher through Show my Homework if you have problems with the work
- Build in plenty of breaks and get outside into the garden if possible
- Do not go out into the community – stay indoors or in your garden if you have access to one

I hope you find this information useful and we will be in contact in the coming days

Yours sincerely
Nicola Morland

