

### Advice to Parents - Single case

Dear Parents & Carers

**Your child has been in contact with a confirmed case and will therefore need to isolate.**

**This letter is confirmation that your child will be isolating at home and will return to school on Tuesday 17<sup>th</sup> November.**

We have been made aware today of a member of our school community who has tested positive for COVID 19.

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

Children who came into contact with the confirmed case from within the Year 11 bubble are being asked to self-isolate for 14 days (from Monday 2<sup>nd</sup> November) and will be able to return to school as normal on **Tuesday 17<sup>th</sup> November**. The school remains open for those students who were not in contact with the confirmed case and for all children from years 7-10. Children from year 11 that are self-isolating do not need to get tested unless they develop symptoms (information below).

Mock Exams for Year 11 will now take place from Tuesday 17<sup>th</sup> November. A revised exam schedule will be sent out to you separately. The mocks last year formed the basis of the Centre Assessed Grades that were assigned, there is every chance that this series of mock exams could also form a part of the awarding of grades this year. Lessons will be collapsed into revision sessions for students in preparation for the Mock exam series.

***The revision sessions will mirror the work being shared with those students who did not come into contact with the confirmed case and are still working in school. It is important that students who are isolating use the time to revise. We will write to you again tomorrow to give details of how we will set work for the isolation period.***

### What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for **14 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119. Should your child test positive then parents must contact the school immediately

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

### **Symptoms**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

### **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

*Do*

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

### **Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely



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