

Feb 2021

Wreake Valley Academy & Bradgate Sixth Form



Newsletter - Lockdown Times Issue 7

Headlines News

- Students return to school from 8th March. Full details have been emailed to parents and are also published on our website.
www.wreake.bepschools.org
- Students will be met at the gates by members of staff and directed to where they need to go when they arrive in school.
- The school day has been condensed slightly to allow for additional cleaning and testing of staff. The day will run from 8.40am—2.15/2.30pm. There will be a staggered finish to the end of the day.
- School buses will recommence from Monday 15th March, the buses have been organised to accommodate the staggered finish to the day. Buses will arrive on site just after 2pm and will wait for the final group to be dismissed at 2.30pm.
- Students will be required to wear face masks in school when moving around and in lessons. We appreciate that some students may find this uncomfortable and difficult and we will take a supportive approach in these situations.
- Students who are exempt from wearing a face mask for medical reasons will not be required to do so. If this is the case, and we are not already aware, please may I request that parents contact us and provide the required evidence. Please send these details along with the students name and form to admin@wreake.bepschools.org marked for the attention of the Head of Year.
- Our provision for children of critical workers and invited students will end on Friday 5th of March to allow for a natural break before the full-time return of all students.
- Students will be required to bring a packed lunch & drink as there will not be any catering provision up until the Easter break. We hope to be able to offer a full service after Easter. Packed lunches will be provided for Free School Meal students.
- If you wish to give consent for your child to have a Lateral Flow Test please click the link below. Consent is required by 3pm on Wednesday 3rd March to allow time for us to register the students for the test. *You may need to click ctrl and click together to open the link.*
[Consent Form for Lateral Flow Testing](#)
- We can't wait to have all the students back in school!



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In this issue:

- ♦ A Message from Headteacher Mr Marston
- ♦ Bradgate Sixth Form Information
- ♦ Science & Engineering Challenge
- ♦ Careers Information
- ♦ The "Covid Kitchen"
- ♦ Headline News



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Newsletter - Lockdown Times Issue 7

A Message from the Headteacher

This will be the penultimate edition of the Lockdown Times. Following the government announcement about the return to school, the focus will now shift to our plans for returning everybody to onsite provision in a safe and coordinated way.

From Monday 8th March, year groups will come into school, receive a Lateral Flow Test and then come into school full time on the following day. This will mean that by Friday, when the last year group are tested, we will have the whole school back on site and in lessons (The year group tested on Friday 12th will stay in school after their tests and access lessons).

The school day has been condensed slightly to allow for some daily testing provision on an ongoing basis and additional cleaning of the site, this will be reviewed at Easter.

It will be wonderful to get students and staff back together again and over the first few weeks we will be focussing relentlessly on;

- Ensuring students attend confidently every day
- Getting back into routines in school and disruption free learning
- Consolidating learning completed during lockdown and during the beginning of the academic year

The only catering provided onsite before Easter will be provision for students receiving Free School Meals. Onsite catering should then resume normally after Easter.

The week beginning the 8th will see most remote learning move to recorded content as teachers will form part of the testing process within school and be required to staff the groups as they return to site.

Thank you to everyone for your support and positivity over the whole of this academic year, it will be wonderful to see everyone again and get back to some semblance of normality.

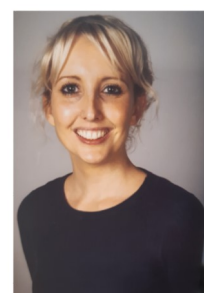
Thanks all,

Tim Marston
Headteacher



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Wreake Valley Academy & Bradgate Sixth Form



Katie Johnson,
Head of Bradgate
Sixth Form



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Bradgate Sixth Form

This term sees us launching 'Project Future' with all Bradgate Sixth Form students as they begin thinking more about their pathways after Bradgate Sixth Form.

Over the last couple of weeks students have taken part in the National Apprenticeship Week. This event provided information to students about future apprenticeships and linked them to employers, giving the insights they need to make well-informed decisions. Students had the opportunity to attend 5 live events each day where organisations showcased the apprenticeship roles and courses they have to offer. This was a great way for students to learn about the opportunities available across a range of sectors and included organisations such as Amazon, PwC, Network Rail, IBM, Experian, NHS, Bentley and many more.

Next week students will take part in the National Careers Week which aims to support young people to start exploring, spark their curiosity and build hope for their future by talking about careers during this week.

During this week students will:

- be given information on many careers from over 40 National organisations, including the Natwest Group and NHS Health Careers who are supporting this event.
- have the opportunity to attend an online virtual careers fair <https://ncw2021.co.uk/>
- be able to access a short 'Believe' film, which has been created to support young people to imagine and believe in their potential
- be able to watch the 'Hope' film. This features young people talking about their hopes and anxieties for the future. Wellbeing advice and practical tips on managing feelings of stress is provided by GP and broadcaster Dr Radha Modgil.

We will also be sending a Parent Guide to National Careers Week via email to all parents and carers of Bradgate Sixth Form students.

Then in the following weeks we will be inviting universities and professional external providers to deliver webinars on a range of subjects such as 'Student Finance' 'Why choose university?', 'Apprenticeships', 'How to write a CV' and 'How to research universities'.



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Katie Johnson,
Head of Bradgate
Sixth Form



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Bradgate Sixth Form

B6 Growth Programme

On Monday 22nd February we ran our first ever 'Talking Heads' session for Year 11 students who have enrolled onto our B6 Growth Programme. This was a fantastic session and gave students a real insight into the subjects they will be studying at A Level, the pathways they can lead onto as well as meeting subject specialists. Our next 'Talking Heads' session will be on Monday 1st March and will feature over 10 different subjects!

Bradgate Sixth Form Re-opening

Bradgate Sixth Form will re-open from 8th March, full details have been emailed to parents and are published on our website www.bradgatesixthform.org

Students who catch one of the school buses should be assured that the buses have been arranged to accommodate our staggered finish. The buses will arrive just after 2pm and wait until the last group is dismissed at 2.30pm. Information on buses has been emailed to parents separately.

If you wish to give consent for your child to have a Lateral Flow Test please click the link below. Consent is required by 3pm on Wednesday 3rd March to allow time for us to register the students for the test.

[Consent Form for Lateral Flow Testing](#)

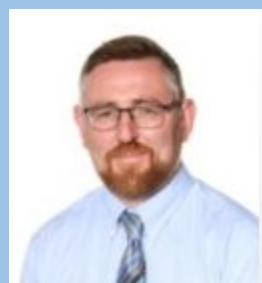


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Mr Parkinson
Aspirations and
Careers
Coordinator

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Careers

MY CAREER PATHWAY



Name: Ms Carla Connolly

Job role at Wreake Valley academy:
Head of Creative Arts and Technology, Drama Teacher

MY DREAM JOB

Drama Teacher

EXPERIENCE

Job Title

Life skills mentor, Working with pupils who did not attend mainstream education, Leicester YMCA, 2003-2003.
Front of House manager, Toronto Elgin and Winter Gardens Theatre, Canada, 2001-2003.
Bar Maid, Bar work and waitressing, The Village, Whetstone, Leicester, Summer 2001.
Bar Maid, Bar work and waitressing, Loughlin's pub, Scarborough 1998-2001.
Factory Operator, Packing fruit for supermarkets, Pyllis factory, Whetstone, Leicester, Summer, 1998.
Baker, Baking bread and looking after bakery section, Waitrose, Leicestershire 1997-1998.
Server, serving customers, ~~Wally Chippy~~ Leicester 1994-1997.

EDUCATION

Qualifications | Date Earned

PGCE in Secondary Drama (Leeds University 2003)
BA hon Drama and Theatre Studies (University of York 2001)
A-levels (1998)
Drama, English, Media Studies
GCSEs (1994)
Drama French
English Lit Spanish
Maths English Language
Science
Humanities

VOLUNTEERING AND INTERESTS

- Going to the theatre
- ~~Swimming~~ with friends
- Directing plays and musicals
- Reading
- Watching live bands
- Cooking

My favourite quotes:

What you do makes a difference and you have to decide what kind of difference you want to make – Jane Goodall

Working for something we don't care about is called stress: Working hard for something we love is called passion – Simon Sinek

"What is the bravest thing you've ever said?" asked the boy "Help" said the horse – Charlie Mackery

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Mr Parkinson
Aspirations and
Careers
Coordinator

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Careers

MY CAREER PATHWAY



Name: Mr Carl Atherton

Job role at Wreake Valley academy:
Head of Mathematics

MY DREAM JOB

Stuntman: Working on film and TV sets.
Or
Running my own pub next to a beach,

EXPERIENCE

Job Title

2nd in Maths, Leicestershire High School, Leicestershire
2nd in Maths, ~~Leicestershire~~ High School, ~~Leicestershire~~
Doorman, De Montfort University, Bedford
NHS Doctor driver, Nottingham
Factory operative, Park Farms, Nottingham
Factory operative, The Pizza factory, Nottingham

QUALIFICATIONS

Degree

BEd(Hons) PE, Bedford college, Bedford

A-Levels

~~Maths~~
Business studies
Sociology
Design
General studies

GCSE's

~~Maths~~
English
Physics
Biology
Geography
Computer studies
Drama
Design and Technology
R.E.
Design and ~~Realisation~~
Music

VOLUNTEERING AND INTERESTS

- Cycling and entering local ~~competitions~~
- Collecting ~~Star Wars~~ memorabilia (particularly the vintage figures)
- Travelling at every opportunity. Preferably, to obscure places.
- Camping and being outdoors

My favourite quotes:

"Yesterday you said tomorrow. Just do it"
NIKE
"It's not about how hard you get hit, it's about how hard you get hit, but keep moving forward"
Rocky Balboa

If you would like help to decide on your next steps after GCSE's, A-levels or would like advice on what career pathways might suit you then all you need to do is scan the QR code and complete a simple form. I will then organise an online meeting with



SCAN ME



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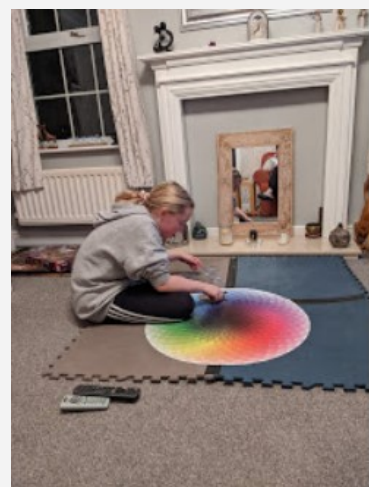
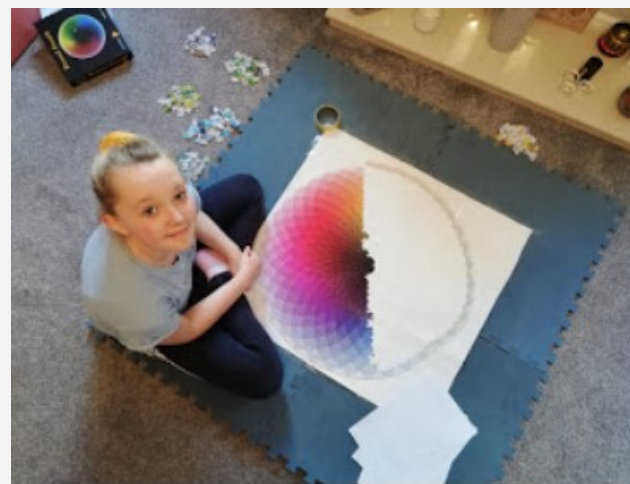
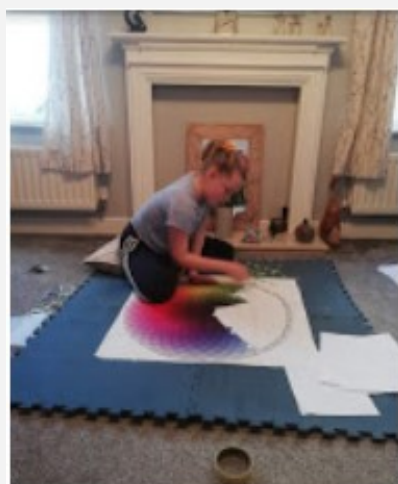


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Phoebe's Lockdown Jigsaw Bonanza

Phoebe tells us about what she has been doing to pass the time in lockdown...

I enjoy doing Jigsaw puzzles, so in the 1st lockdown I borrowed a few from my Grandma and Grandad, and then in this 3rd lockdown I had a more for Christmas. They are 1000 pieces. My mum has helped a bit, when I let her. They keep me entertained and I enjoy the challenge of them. I'm working my way through the world at the moment. Here are just a few of the jigsaws I have completed.



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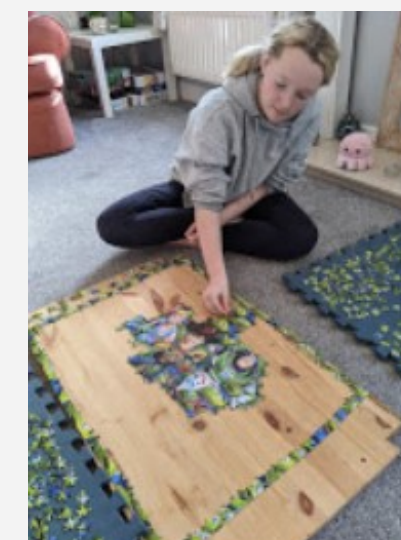
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Phoebe's Jigsaw Bonanza



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Career Choice

Polymer chemist – a person makes and designs new polymers and plastics

Science & Engineering Club

Plastic from milk

Milk was used to make plastic objects like buttons, beads and even fountain pens from 1900 to 1945. Milk plastic (or casein plastic) was even used to make jewellery for royalty!

Nowadays, plastics are made from a range of materials particularly crude oil. The advantage of these modern plastics is that they are much more durable, but they have a huge disadvantage in that they take thousands of years to decompose thus creating environmental problems.

This week's challenge - Can you make your own plastic from household substances?

Method



1. Fill a mug with milk, pour it into a saucepan and heat it until it is warm – not boiling (you could put the mug in the microwave instead).

2. To the warm milk you will need to add a good squirt of an acid – lemon juice, lime juice or vinegar work best.



3. The milk will separate into a solid and a liquid – it is the solid (a protein called casein) that will make the plastic.



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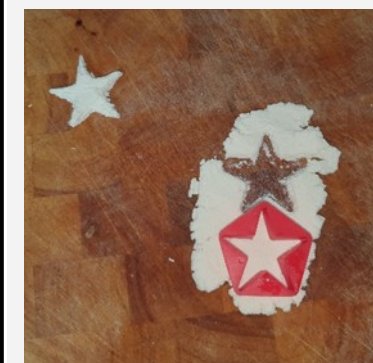
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Science & Engineering Club



4. Filter the milk using a sieve with a piece of kitchen roll inside to act as filter paper (you could use coffee filters instead if you have any).

5. Dry the solid by gently dabbing with kitchen roll.



6. Mould your plastic into any shape you like – then you must let it dry in an airing cupboard or on a window sill.

7. Once dry, you can paint and decorate your plastic.

We want to see your pictures

Send me a photo of your experiment and it may feature in the next newsletter.

cjones@wreake.bepschools.org



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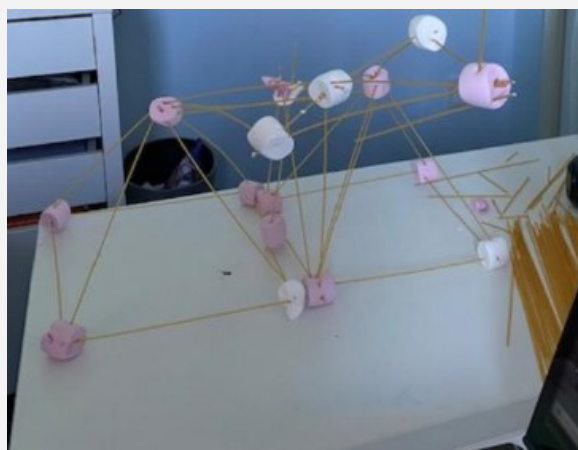


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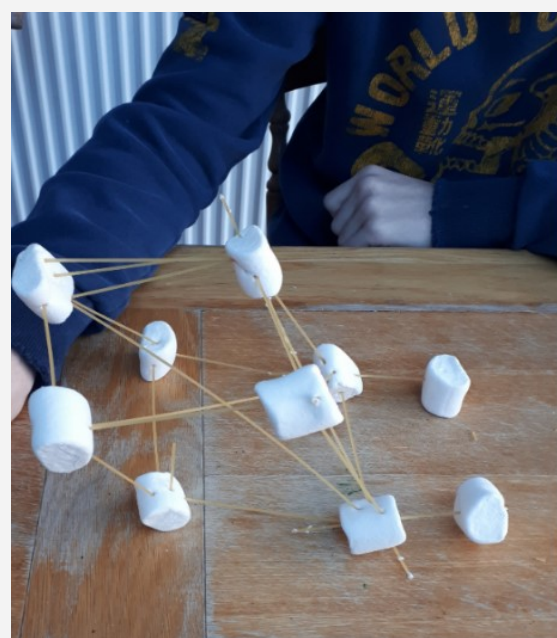
Science & Engineering Club

Science and Engineering – Big Challenge I

Here are some of the wonderful creations from the Spaghetti challenge last term.



Joe Gargun's pyramid
inspired masterpiece



Luca Freer's leaning tower of
spaghetti



Mrs Martin's
fine effort



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Science & Engineering Club

Science and Engineering – Big Challenge II

Following the success of the Spaghetti Challenge – this term we are planning a speed challenge. The aim is to build the fastest balloon rocket to travel along a 5 metre track.

You will need for the challenge

- 1 x piece of string 5 metres long
- 1 x straw or paper tube
- 1 x balloon
- Sticky tape

The rockets must be built in advance and we will test them at

3.30 pm on Wednesday 3rd March.

Look for the Optional task on Show my Homework for instructions.



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Design Technology

GCSE Design & Technology – Automata Assembly

Year 10 Design and Technology students continue to impress with their excellent work when building their automata kits. Working with great skill and precision many students have diligently put together a fully functioning automata. These projects have taken great patience and attention to detail – qualities that are important in every young designer.

In the undertaking of this project students have had to learn that there are a range of factors that affect the quality of the outcome of a product such as the importance of manufacturing parts with accuracy and considering the skill of the assembly team when designing.

As well as having an opportunity to do some practical work whilst not having access to the workshops, students have been able to continue to learn how to solve problems on-the-go and engage with some basic mechanical design, this will stand them in good stead for their future design studies.

A big thank you to those who helped deliver the kits and to those at home who encouraged students to persevere when the project became fiddly and difficult!

Alex Wright

Teacher of Design and Technology



By Volney Fernandes



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Design & Technology

Automata Assembly by Finn Smith



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Ms Lovegrove
Head of English

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English

These are the final entries to our *"I'd rather be in school than in lockdown because..."* competition. The five winners will be announced in next week's newsletter and, very fittingly, the week after that we are all going back to school – the competition obviously had an impact on government policy!

I'd rather be in school than in lockdown because... I might be at my house, but I'm not at my home that I cherish so much.

By Ala Ojaria (Year 8)

I'd rather be in school than lockdown because... I miss feeling the excitement of counting down the minutes until we go home.

By Evie Kelly (Year 8)

I'd rather be in school than in lockdown because... of nothing, Covid is killing people and we should be staying home!

By Ella Freestone (Year 8)

I'd rather be in school than in lockdown because... I like seeing all of my best mates and I love having the diners at school.

By Jasmine Cave (Year 7)

I would rather be in school than lockdown because... there are only so many episodes of 'The Office', whoops, I mean, 'Hegarty Maths' videos that I can watch.

By Brooke Stevenson (Year 11)



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Ms Lovegrove
Head of English

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English

I'd rather be in school than in lockdown because ... I get to socialise and have an enjoyable time.

By Gautami Joshi (Year 8)

I'd rather be in school than in lockdown because... I can socialize with other people and make new friends and get help if I need help with things.

By Shayden Riley (Year 9)

I would rather be in school than in lockdown because... I'm tired of the monotonous obsolescence of socialising, and being completely isolated. I just want this catastrophe to end. Fast.

By Callam Clarke (Year 9)

I'd rather be in school then in lockdown because... my mum gets annoyed with modern day mathematics.

By Lillie Smith (Year 7)

I would rather be in school than in lockdown because... I will get to learn more which will let me revise for my GCSEs and A-levels and I will get a job.

By Jake Hurst (Year 7)

I would rather be in school than in lockdown because... I learn better as there are more people to help me and to see my friends.

By Charlie Peck (Year 9)

I'd rather be in school than in lockdown because... Mr Hunt's head isn't as shiny through a screen.

By Ruby Branston (Year 10)



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Random Fact courtesy of Ms Lovegrove



by Shelley Moulden

A SCIENTIST has worked out the total volume of the new coronavirus in the world – and it fits inside a drink can (with lots of room to spare)!

Senior lecturer in mathematical biology at the University of Bath, Kit Yates, was tasked with finding out how many SARS-CoV-2 (coronavirus) particles there are in the world by BBC Radio 4. He calculated that there are roughly 200 million billion virus particles in the world at any one time. It's a huge number – and is roughly the same as the number of grains of sand on the planet.

However, the coronavirus particles are really, really, really small. So small, in fact, that the total gathered volume of coronavirus particles in the world is about 160ml, which is less than half the volume of a 330ml can of fizzy pop!



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World Book Day—4th March 2021



We are marking World Book Day with a range of competitions that celebrate books and reading.

Send in your designs for book themed face masks and your book based bakes—the deadline has been extended to Tuesday March 2nd.

Staff have been recording blurbs from their favourite books behind masks—can you guess who they are? We will be putting these on SMHW as a competition together with the Shelfie photos. See how many you can guess and vote for your favourite shelfie and masked reader. Epraise points will be awarded to all entries and we have prizes to be won by both staff and students.

<https://www.worldbookday.com/>

There are lots of activities and competitions on the World Book Day websites including some great excerpts from new and forthcoming books as well as some free audio books. Here is the link to the first chapter of a short biography about Marcu Rashford [Ultimate Football Series: Rashford - World Book Day](#)

World Book Day Tokens

The book tokens are digital this year and can be used to buy one of the specially published books or used to pay towards another book. Stores such as Asda and Sainsbury may need the tokens printed using this link :-

[booktoken_SecondaryUK.pdf \(worldbookday.com\)](#)



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PE—Nature Photo Challenge

More Nature photos from students and staff, out and about on their Lockdown walks.



Leo Everett



Archie Dodds



Maxwell Wren



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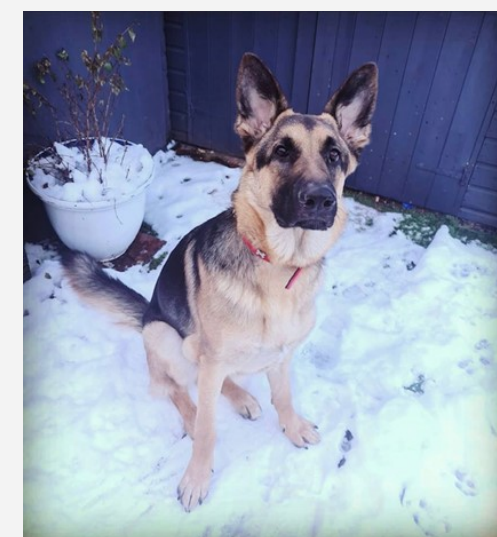
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PE—Nature Photo Challenge

More photos from students and staff out and about on their Lockdown walks.



Isabel Fowler



Mrs Rochester



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PE—Nature Photo Challenge



More photos from students and staff out and about on their Lockdown walks.

Maxwell Wren



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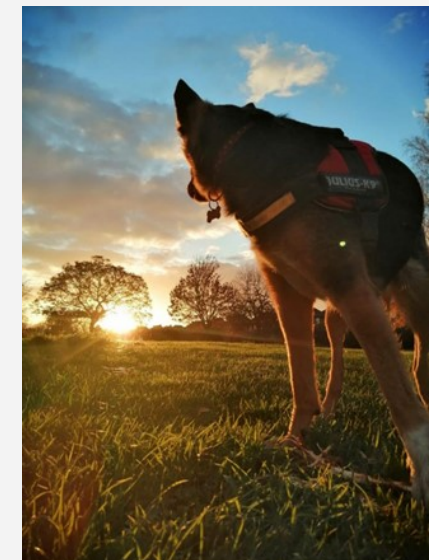
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PE—Nature Photo Challenge

More photos from students and staff out and about on their Lockdown walks.



Mrs Ward



Luca Simpkin



Emily Moulton



Erin Bradshaw



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THOMAS HARLEY EDUCATION CHARITY

COULD WE HELP YOU?

ARE YOU UNDER 25 YEARS?
ARE YOU LOOKING FOR
EDUCATIONAL ASSISTANCE?

**Thomas Harley Education Charity
may be able to help!**

We've helped many students throughout Leicestershire with grants for a wide range of support, including:

- to enable students to continue into further education
- for educational resources
- for specialist equipment, such as visual aids
- to enable students to take part in study visits
- to assist students with apprenticeships

Family circumstances will be taken into account when making grants.

"I truly would not have been able to complete the degree without the grants I received from yourselves. Thank you for your ongoing faith in me."

To find out more about the support available and to apply visit:
www.theharleytrust.org Or email: sue.stevenson@charity-link.org

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Miss Lad

Food and Nutrition

Next week's
practical is:

Spaghetti Bolognaise

The "Covid Kitchen"

Next week we are making—Spaghetti Bolognaise

Try and look for a recipe you can make to go with it as a side dish like garlic bread.

Ingredients:

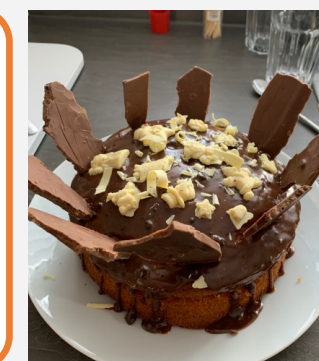
- 1 onion
- 1 clove of garlic
- 1 carrot
- 1 celery stick
- 1x 15ml of oil
- 250g lean minced beef
- 1 can chopped tomatoes (400g)
- 1 x 15ml spoon tomato purée
- 100ml water
- 1 x 5ml spoon mixed herbs
- Black pepper
- 150g spaghetti

Year 10 working on their Presentation skills
with Caramelisation!



Keiran Taylor - Caramelisation presentation

Finn
Turlington
Smith =
Chocolate
cake.



Aijay Kanani—Brownies



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Miss Lad

Food and Nutrition
Teacher

The "Covid Kitchen Gallery"



Rosie and Molly
Betts—homemade
naan and chicken
curry



Elle Matthews 7SER



Olivia Hill 7SMM—Fruit Scones



Diya Bharania Yr 10

Charlie Collins—
Lemon Drizzle Cake

Ronnie Armstrong yr7 made a lemon drizzle cake , baking cheese turnovers, and sausage rolls.



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The "Covid Kitchen Gallery"



Miss Lad

Food and Nutrition
Teacher

Sophie Walton has
been cooking up a
sweet storm.

Well done Sophie!



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Miss Lad
Food and Nutrition
Teacher

The "Covid Kitchen Gallery"



Leo Freer made Keto Kebabs



1. PUT MINCE MEAT IN TO THE BOWL
- 2.MIX THE MINCE WITH YOUR HANDS
- 3.ADD SPICES TO THE MEAT
- 4.KEEP MIXING WITH HANDS
- 5 ONCE MIXED TOGETHER PUT THE MINCE MEAT INTO LOAF TIN/COVER WITH TIN FOIL
- 6.COOK FOR 1.5 HOURS ON 200 DEGREES THEN REMOVE FOIL
- 7.AND COOK FOR 10 MINUTES TO BROWN .

REMOVE KEBAB FROM LOAF TIN AND SERVE WITH ROAST POTATOES /SALAD OR CHIPS



Jessica French– Pancakes

Freya Green made Brownies



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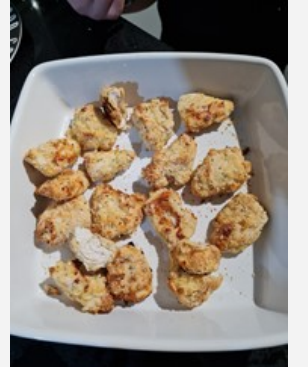


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Miss Lad
Food and Nutrition
Teacher

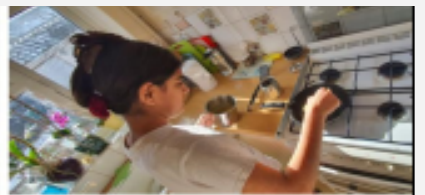
The "Covid Kitchen Gallery"



Lola Cooke's Chicken
Nuggets'



Jessica French—
Gourmet Burger!



Priya Kapadia Chickpea pancakes (Poodla)



Tel: 0116 2641080

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