Bradgate Sixth Form





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Newsletter - Lockdown Times Issue 8

A Message from the Student Council

Hello everyone,

This will be the last edition of the Lockdown Times, and the Student Council have been given the opportunity to edit this final edition.

We hope that everyone is safe and in good health.

We are looking forward to getting out of our homes and seeing all of our friends at school and out of school. This I'm sure is much more enjoyable than staying at home.

Sad to say, as we try and settle into our routines this means that we have to get out of bed earlier!

However, as school starts re-opening there will be students and friends who will be nervous and that's perfectly normal. Please support them and if necessary, speak to a member of the inclusion team or any teacher who would be happy to help.

Due to the unfortunate circumstances of Covid-19, we urge our friends and students to bring in their own equipment and school necessities as teachers won't be able to lend you any equipment.

We hope to see everyone soon.

Thank you, Ansh Shah & Keira Rakhrao

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LGBT+ History Month

Sunday 28th February was the last day of LGBT+ History Month 2021. LGBT+ History Month is observed each year in February in the UK. It is an annual month-long observance of lesbian, gay, bisexual and transgender history, and the history of the gay rights and related civil rights movements.

On Monday students in Years 9-13 were given the opportunity to find out more about the history of LGBT+ rights in the UK as well as about LGBT+ History Month itself. There were also several short video clips discussing the topic of identifying as a member of the LGBT+ community.

The feedback showed that students not only learned some interesting facts about LGBT+ history but also considered the importance of observing LGBT+ History month. Please see below for student comments.

"I already knew quite a bit about LGBT history, so I didn't learn much in regard to the laws and general public attitudes. I did not know that Richard the Lionheart was gay, maybe that should be mentioned in the curriculum." Brooke Stevenson, Year 11 student

"I think it is important to treat people the same and it doesn't matter if they like the same gender." Year 9 student

"Being gay is, I believe, illegal in 72 countries and can result in a penalty and can even result in death. Being gay can lose your family, friends and even chances of getting a job. People believe that since marriage has been legalised in some places it's ok now, but people are still suffering and will still suffer for as long as people are too ignorant to see the issues just because you aren't the one being harassed online and in person." Libby Steele, Year 11 student

"James the first was bisexual. I did not know that." Year 9 student

"I think it is important to know about LGBTQ+ history because it is important to know about the struggles the LGBTQ+ community have gone through to get their rights." Year 10 student













Katie Johnson, **Head of Bradgate Sixth Form**



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This week I am really proud to introduce Katie to you. Katie has recently completed auditions as part of her interview process for university:

"On the 29th January, I sent an audition tape along with a presentation to the Bath Spa University, all in the hope of gaining a place to study Drama and Psychology. The presentation included a detailed response to the questions they wanted me to answer like, Why do you want to study here? How is this course going to help you in your future career? These questions were seemingly easy to answer as they were something I had already thought about whilst applying for the course. Plus, I also got the chance to express my knowledge about my favourite drama practitioners and why they were inspiring to me. I also had the opportunity to discuss not only why I like to express my art through their styles, but also what I loved the most about them. As an enthusiastic drama student, I found the audition process the easiest. The audition meant that I had to provide a two-minute monologue, which would reflect my best acting ability. I chose a section from 4.48 Psychosis as this is something that I've enjoyed performing in my class. The moment I had sent it all off, and all the power had left my hands, the nerves started to kick in. I nervously waited a while to see if the Uni would accept me, and to see what my future had in store. On the 19th February, I had finally received confirmation about my application, and I can proudly say that I was offered an Unconditional offer".

I also have the privilege of introducing you to Jess who shares what she is most looking forward to in the coming weeks and months:

"Life has been so different over the past year, and everyone has been affected. It's clear that everyone is going through different events in their lives, meaning they are going to be looking forward to different sorts of normality. For me, the things that I'm most looking forward to is to be finally able to hug my extended family. I've been lucky enough to have been with my family during this pandemic, but it has most definitely put in perspective how much I've taken for granted my grandparents. I cannot wait to finally be able to give them a hug, and tell them I love them face to face, rather than through a screen. On a less sentimental note, I'll be turning 18 in May, and this is just in time for the reopening, and easing lockdown, so I'll be able to celebrate my birthday with my family and friends in the right way- unlike last year where I was locked in my house because of the pandemic. Being able to celebrate life events like birthdays is something I never normally understood the reason behind, but now having missed my 17th, my dad's 40th and all my grandparents, it has made me realise how lucky we all are".



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Katie Johnson, **Head of Bradgate**



Bradgate Sixth Form

I am also very proud to introduce you to Isabel in Year 13 who shares her experiences of virtual open days

"The blow of lockdown in 2020 startled all of us. We all fumbled around blindly through ShowMyHomework and endless emails as we wondered when we'd all meet up again and what would happen to the upcoming exams. However, from my point of view I was concerned about my own future. How am I going to decide with no open days or talks to help me explore the opportunities? Well, that's when I stumbled upon 'Virtual Open Days'. By now I've been to a fair few! You could say that one advantage of all this is that you can go to as many virtual open days as you like without having to travel anywhere or pay anything. I've seen a range of different virtual open days, from online chats to YouTube lives running throughout the day. In the end, I haven't been able to visit any of the universities I looked at, let alone applied for. However, all in all they have been very helpful! I got to see who the lecturers were, find out about the course, even chat to uni students on the online chats. By the time it came to September, I knew exactly what course I wanted and had a short list of universities. It made it a lot less stressful for applying for university at the end of 2020. Therefore, if you are in year 12, I highly recommend these virtual open days. They can get a little strenuous at times. But trust me! It's completely worth it, since we don't know whether there will be in person open days in 2021 so it's good to be prepared, and to have a good idea of the universities you would like to visit if you have the chance. I suggest that you go now, and research the courses you might be interested in. Think about whether you want to stay home or go away. And most importantly, make sure you check that your target grades line up with the grades they will want before you apply!"

We are really looking forward to welcoming all Year 12 and Year 13 students back into Bradgate Sixth Form next week! We have been really proud of all the great work and engagement from all students and can't wait to see you all.



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Mr Parkinson **Aspirations and** Careers Coordinator

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Mr Parkinson Aspirations and Careers Coordinator

If you would like help to decide on your next steps after GCSE's, A-levels or would like advice on what career pathways might suit you then all you need to do is scan the QR code and complete a simple form. I will then organise an online meeting with









informative but also fun!









Online Safety Tips

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Online Safety

Internet Safety Tip of the Week - Keep an eye on your child online

In a recent survey completed by Year 9 students about online safety, 75% of students said that parents/carers kept an eye on them online. If you believe you could support your child further by keeping an eye on them whilst online here are some suggestions for how you could approach it:

- Set time limits
- Ask about websites they use
- Be a "friend" on social media
- Use filtering or parental controls
- Talk to your child about what they post and the risks
- Regularly ask your child if they have any problems online
- Have linked accounts to emails, posts, etc

By Daniel Robinson

Head of Personal Development





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Syston Competition

We are looking for a poster which will be professionally.

We are looking for a poster which will be professionally.

We are looking for a poster, which will be professionally printed and displayed throughout Syston. (We may choose more than one if the entries are too good to choose from!)

Open to all!

Please make your design A4 and email a photo of it to me at fiona@systontownnews.co.uk by **26th March 2021.**

Make sure you keep the original safe, as we will use this to make a high quality copy.

Here is a link to an article to help inspire you, and perhaps how to make your poster the most persuasive and impactful it can be - https://off-the-ground.org/why-people-litter/









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Science & Engineering Club

Making hot ice

Hand warmers are useful inventions, especially on cold winter days. Inside a reusable hand warmer is a chemical called sodium ethanoate. When this substance crystallises it gives out heat. This substance is often called 'hot ice'. In this activity you can make sodium ethanoate from household ingredients.

This week's challenge

Can you make 'hot ice'?

You will need:

- 1 litre of clear (not malt) vinegar
- 4 tablespoons of baking powder

Steel saucepan



Method



- Pour the vinegar into the saucepan, add the baking powder and stir until dissolved (the reaction will produce carbon dioxide so you should see some fizzing).
- 2. Heat the mixture and boil for 30 minutes.
- 3. After this time, you should see a white substance on the side of the pan - this is the sodium ethanoate. Take a small amount of the white solid out the pan and save for later.







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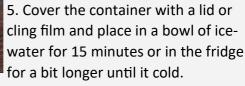


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Science & Engineering Club



4. When you see a crust begin to form, take the liquid off and transfer it to a container – be careful as the liquid will be very hot.





6. When the liquid is very cold, carefully take the cover of the container and drop your sodium ethanoate solid that you saved at the start of the experiment – you should see the liquid 'freeze'.

7. Feel the sides of the container – it should feel hot.

We want to see your pictures

Send me a photo of your experiment and it may feature in the next newsletter. (cjones@wreake.bepschools.org).

Calling all future scientists

We are very excited to announce that in September 2021 we will be starting a regular Science and Engineering Club at Wreake. Keep your eyes and ears open for further information.

And finally...

Can I say a huge thank you to all the students (and families) that have taken part in the Science activities over Lockdown Part 3. Hopefully you have enjoyed completing experiments at home as much as I have. It just goes to prove that you do not need a fancy laboratory to be scientist, just patience, perseverance and above all curiosity.



Dr Jones (Head of Chemistry)









Ms. Lovegrove **Head of English**

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English

Congratulations and thank you to everyone who entered our "I'd rather be in school than in lockdown because..." competition.

It was very hard to choose just five winners as there were so many brilliant entries. However, we finally selected these five students' entries.

Please let Ms. Lovegrove know whether you'd like a £10 Amazon voucher or a £10 Tesco voucher.

I'd rather be in school than in lockdown because... I might be at my house, but I'm not at my home that I cherish so much. By Ala Ojaria (Year 8)

I'd rather be in school than in lockdown because... because I'm terrified that my cats are formulating an evil plan to kidnap me and ransom me for Dreamies finest. (cat treats) By Angus Pirie-Scott (Year 8)

I'd rather be in school than in lockdown because... I will be able to further my education, see my friends and come one step closer to world domination. By James Tebbutt (Year 11)

I'd rather be in school than in lockdown because... I must escape the tyrannical tornado condemning me to endless hours of torturous toddler TV dictating my life! By Emily Barrow (Year 9)

I'd rather be in school rather than in lockdown because... I want to feel free like the animals, I want to prosper like the environment and want to work hard like the key workers. By Harsh Vashu (Year 12)



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Library News



Staff at Wreake sent in their shelfies—photos of their bookshelves and ecorded rradings of book blurbs. On World Book Day students were challenged to match the shelfies and guess who was behind the masks. We have £10 Amazon / Tesco vouchers for the winners in each Year Group which will be awarded next week.















We had some great entries for our facemask competition and Miss Moreland had the unenviable job of judging them. Here are her thoughts on the shortlist :-

In fifth place, Guatami Joshi. With her very intricate designs

In fourth place, Joshua Leist for his clear link to the brief

In third place, Priya Kapadia for her very impressive textile skills!

In second place Emily Fernandez-Reedy for her simple but effective designs

And first place..... Daisy Evans with her fantastic book lover and Harry Potter combined design!

Prizes will be presented to the students week beginning 15th March when we are all back in school.

Well done to all our winners and many thanks to Miss Moreland for judging.

The World Book Day site has lots of inspiring ideas to celebrate books not just today but everyday. Follow this link to get some book recommendations from authors Holly Jackson, Derek Landy and others. If there are books you want to read from these lists email library@wreake.bepschools.org and we will consider getting them for the library. Author Approved booklists - World Book Day Social











Ms Lovegrove Head of English

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English

Are parents today over-protective?

11Q have been putting their creative writing and rhetoric skills into practice and had a go at answering a past exam question from Language Paper 2. Here are two excellent responses by Florence O'Grady and Logan Wignall.

Florence O'Grady

What year is it again? Ah yes it's 2021. Many things have happened this year, including a successful Mars landing. Wow! This is all thanks to our wonderful, evolving technology. It really is one of a kind. The children that have been born since the year 2000 have grown up with this technology. Every day, they watch new, cool videos on YouTube and TikTok wishing their lives were as cool as the so -called-influencers portray theirs to be. Today's children want to be daredevils all for "clout" and five minutes of fame which they can show off to their friends. However, many parents aren't letting their children enjoy these apps.

Now, parents these days didn't have the luxury of TikTok and YouTube when they were younger, so therefore, they might not want to admit it but, they're scared of it. They don't know how to work it as well as their own children can and that scares them because they aren't fully in control of what their offspring knows. Am I wrong? However, is this stopping them from allowing their children to be adventurous? Is this advanced technology stopping them from letting their children be a little bit risky?

Firstly, let's dive into why people think children should be allowed to take part in risky activities. Many mothers believe that taking part in sports, such as rock climbing and combat sports, will help their children in later life. They might believe that if they are being approached by a stranger they can use their combat skills to try and get away. Ouch! They might think that teaching their children how to light a fire and clean dirty water is a vital skill if they ever become stranded. Some may think these are unnecessary skills and some may think that these are necessary skills, but not for a child. Do you think that these skills are needed for children to know?



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Ms Lovegrove
Head of English

English

On the contrary, people might not think children should take part in these "risky" activities because they include an element of danger. They don't want their children to experience danger and they want to keep them safe at all costs. As a result of this, their children don't know how to handle danger. Many arguments have included technology as being the source of showing and creating these dangerous, risky activities. Videos on YouTube include people jumping off bridges into rivers and catching wild animals and eating them. Many parents believe this is wrong for children to watch, but is it?

In addition, when parents are making these arguments to whether their children should watch these videos and take part in these activities, they are being assumed to be overprotective. Many more parents are admitting that they are overprotective. This is shown in a recent survey done by parents with an outcome of about six in ten parents or 62% being overprotective. In my opinion, I think that children should be allowed to experience risky activities that they see due to evolving technology, but I don't believe that when doing so, it will prepare them for life. I personally see, that if children want to take part in these activities they should be doing it because it's fun not because it will prepare them for life. How is rock climbing and rough play going to prepare 9 years olds for life?

Overall, I believe that parents should be letting their children take part in whatever activity they want as long as it is what the child wants to do. If they want to copy daredevil videos on YouTube and TikTok then so be it. You only live once.









Ms Lovegrove **Head of English**

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English

Logan Wignall

I think in today's society, children's upbringing is sugar-coated by their parents too often, and are therefore left ill-prepared for life. I personally do not agree with the idea of shielding our children, and I think we should all come together and free them from the leashes that hold onto their lives.

First of all, by allowing our children to pave their own pathway, we are creating a generation of strong, confident and resilient young people, who will be able to battle their own challenges. Research at Stafford University stated overprotected children take nearly 30% longer when making a choice alone. The social experiment that took place was when two children – one who was shielding from society, and another who was not - were left in an enclosed room and had to find a way to escape. The young boy who was not protected, confidently experimented with multiple different solutions to escape and was more adept when it came to problem-solving and overcoming errors. He was therefore able to escape in 15 minutes; being resilient and never giving up.

However, boy two was not so confident in his ability to escape, becoming stressed and indecisive when it came to problem-solving. Furthermore, the boy was incapable of making a decision alone without reassurance from others, clearly highlighting the negative impact of overprotectiveness on our children. In the end, he took 45 minutes to escape with hints provided by staff (something the others did not need). This social experiment clearly emphasises why you should not put your children in a box and how the world helps to build better, more prepared children for future generations.

On the other hand, I do understand why parents may want to clasp hold of their children from the world for as long as possible. It can be a dangerous place to throw someone so young and vulnerable into and it's scary to watch something you love be left to fight for themselves. There are also lots of vicious people out there who will steal, kill and kidnap young children for their own gain, and you don't want to be the parent of a missing children. When you love someone, you may feel a sense of care over them and a need to guide them along the correct path. This is why many parents find it extremely difficult to let their littles ones spread their wings and leave the nest.



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Ms Lovegrove **Head of English**

English

Allowing your little ones to be independent also greatly advances their maturity, allowing them to develop astonishingly faster than peers around them. Studies show that their mental age is nearly five years older than their physical age; allowing them to be more capable in decision-making. With children being more mature, they can battle difficult situations easier and are more confident when taking leadership or having to make new friends. Many children will also look up to your child as they will seem like a great role model. Do you not want your child to be a role model?

Increased maturity may also allow them to resonate with children older than them, allowing for more adventure and a deeper connection with the world around them. All of this will benefit them in the future when it comes to the difficulties of coping with a working environment; something I'm positive all parents want their babies to be prepared for.

To contrast, letting your child develop too early may lead to them discovering and being introduced to things they are not yet prepared for. This can come across as ill-parenting and a lack of care over your child. For example, if they begin taking drugs and being involved in ruthless gang activity. No parent should encourage this upon their child as we have a duty of care to protect our little ones and guide them along the correct path in life. By letting your child get involved in these crimes, it might lead to injury, drug addiction, or even death if you are not careful.

So, where do we draw the line with being protective over children?









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Beat the teacher Challenge (Maths)



It has been wonderful to see so many teachers, staff and students taking part in the beat the teacher challenge. The performances of the staff have truly shown how good with numbers they are.

The performances of the students have been more than impressive, with numerous students sending me their solutions and gloating about who they have beaten that day.

Once we are back in school, make sure you let those members of staff know you beat them and revel in the fact that you did better.

Sadly, due to some technical issues I have had to stop the challenges... for now!

Once we are back in school, Beat The Teacher WILL BE BACK!, but in the meantime if you could send me your results and total scores from all the challenges you have completed so far, I will work out who our overall student champion is.

Keep an eye out for the return of 'Beat the teacher' every Monday on ShowMyHomeWork.

Puzzle of the day

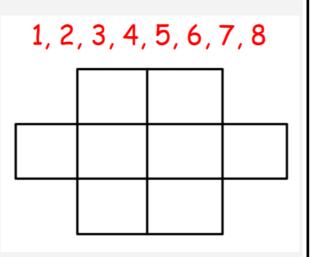
To limber up for the start of school, see if you can solve my favourite puzzle of all time!

Using the numbers 1 to 8, place each digit into a square in the grid below.

To win, you need to make sure that no number that is next to each other numerically, is next to each other in the grid.

The numbers cannot be next to each other horizontally, vertically OR diagonally.





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R.E

"We have far more in common than that which divides us."

In December Year 9 students were studying the issue of Prejudice and Discrimination in RE. One of the tasks that students completed as part of this topic was to use the quotation above to inspire a piece of artwork to tackle prejudice and discrimination. The quote is by Jo Cox who was an MP who was murdered for her beliefs in 2016. The idea for the task came from the magazine RE Today and the below work by Emily Barrow (left) and Jessica Ransom (right) was submitted to RE Today. This week I was informed that RE Today were so impressed with the pieces of work that they have passed them on to the Jo Cox Foundation which is an organisation committed to building a kinder, more compassionate society. Who knows where the journey ends for these amazing pieces of RE artwork!? What a fantastic achievement – well done to both students!















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P.E

The following articles are based on the students favourite sportsperson or sporting event, which they have researched.

Usain Bolt

Usain Bolt was born on the 21st of August 1986. He is a Jamaican sprinter and is thought to be the best sprinter in history, Bolt has won 4 x 100 relay gold medals. When he was young, he played football and cricket, and didn't really think about any other sports as a child. All that changed however, when Usain Bolt showed his potential at running in his school: Waldensia Primary. When he was 12, he became the school's fastest runner over 100 meters distance. On his entry to William Knibb Memorial High School, he began to try track and field events. Bolt won annual high school championships medal in 2001, and took the silver 200 meters with a time of 22.04 seconds. McNeil became Bolt's primary coach and they had a positive partnership (despite McNeil being annoyed with Bolt's lack of dedication and use of practical jokes).

Later in 2004, Bolt became a professional runner and became the first junior sprinter to run 200m in 20 seconds. He was then awarded Austin Sealy Trophy for the most outstanding athlete of the 2004 CARIFTA Games. Although a hamstring accident meant he couldn't compete in 2004 Junior championships but he was picked for the Jamaican Olympic squad. Usain Bolt headed to 2004 Athens Olympics with confidence and a new record, but he had a leg injury and got eliminated with a time of 21 seconds.

Later on in his career, Bolt improved his 100m, and performed in the Olympics and then eventually got world record!

I was slowing down long before the finish and wasn't tired at all. I could have gone back to the start and done it all over again— Usain Bolt's thoughts on his 100m sprint at the 2008 Olympics, published in his autobiography Usain Bolt 9.58 He then went on world championships and competed in the Olympics. Overall, Usain Bolt is a world-record breaking champion.



By Daniel Anderson (8CC)



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P.E

Cordelia Braithwaite

Age: 25 years old Born: 23rd May 1996 Occupation: Dancer

Cordelia is most well known for playing her role as Juliet in Matthew Bourne's Romeo and Juliet. She started dancing at Leanne Hughes Theatre School in her home town of Leighton Buzzard. When she was 16, she was awarded a full scholarship and then went on to graduate in 2012. The first engagement Cordelia had with Matthew Bourne's New Adventures Company was dancing the Italian and Spanish Princesses and The Girlfriend in the 2013-2014 Swan lake tour. Whilst playing the role of Juiet, Cordelia got to dance alongside more incredible dancers such as Paris Fitzpatrick (Romeo), Dan Wright (Tybalt) and Ben Brown (Mercutio).







By Ellie Hayton (9LMY)











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P.E

The Calcutta Cup 2021

Coronavirus has had a major impact on the world's sporting industry, with 2020 almost being inexistant of live sporting, with major events, including the Olympics, having to be called off due to the epidemic. However, after lockdowns started to be relaxed, many sports that could implicate social distancing rules were allowed to start to return, with football back in June, Tennis back in July as well as Cricket. But for rugby fans, teams didn't return to live television until mid-November 2020 and with restrictions to the way that the game can be played.

So, when 2021 came around, many people were excited to see the start of the Six Nations - an annual competition between France, Italy, Wales, Ireland, England and Scotland, and within the Six Nations, The Calcutta Cup – an annual rugby match played between Scotland and England; 2021 marking the 128th.

The first Calcutta Cup was held in 1879 and has been held every year since, with the exception of the World Wars. In this time England has won 71 times, Scotland has won 40 times and there has been 16 draws. This year's match was played at Twickenham, England's national rugby stadium in London. There was not much hope for the Scottish side as they had not won the Calcutta Cup away since 1983, as well as disappointing performances earlier in the year.

Both team announcements came at no surprise. Stuart Hogg (15) playing captain for Scotland and Owen Farrell (10) playing captain for England. Though as Eddie Jones was about to find out, he had made a wrong selection as many of the Saracens players he brought out of replacements hadn't played in weeks and the England side just didn't play well. Gregor Townsend, however, put forward a triumphant side where his players seemed to be winning every tackle, every lineout and every scrum, so much so that England were not only left without a try, but also without any opportunities to get any points. Farrell seemed to realise this, as at every slip up his opponents made, he went straight for the points, hoping to outscore them in penalties, even getting Finn Russel - one of Scotland's most experienced players - sent off.





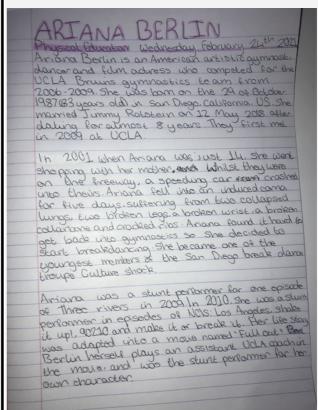
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The first half stats were shocking. Scotland had 72% possession and 74% territory. However, they still only had a 2-point lead. The score was 8-6; Scotland having a penalty and a try and England having 2 penalties. People were shocked that England were unable to get any points when Scotland were a man down and shocked further when Russell came back on and almost immediately scored a penalty, expanding their lead.

Though there were many attempts from both, no further points were scored from either side. So, when the final whistle blew, Scotland were left victorious for the first time in Twickenham for nearly 40 years. The nation was shocked as was the Scottish side. Emotion was high and as captain Stuart Hogg summarized in an interview the whole team were "chuffed to bits."

By Careen Blair (9LMY)



By Madison Webster (8CC)











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Sixth Form Photography Competition

COVID19 shook the world sadly affecting many lives. The global pandemic changed social norms and altered our everyday lives in so many ways. However, despite the unprecedented year, sociological research has shown that many people have argued this pandemic has brought out many positives in society including family time, community, environmental relief, changes in use of technology and slowing the pace of our society to treasure what we have in our lives.

Focusing on Positivity, The Social Sciences team challenged students in both Year 12 and 13 to take a picture that represents the positives of 2020/2021.

The winners:

Year 12 student: **Jessica Wright**







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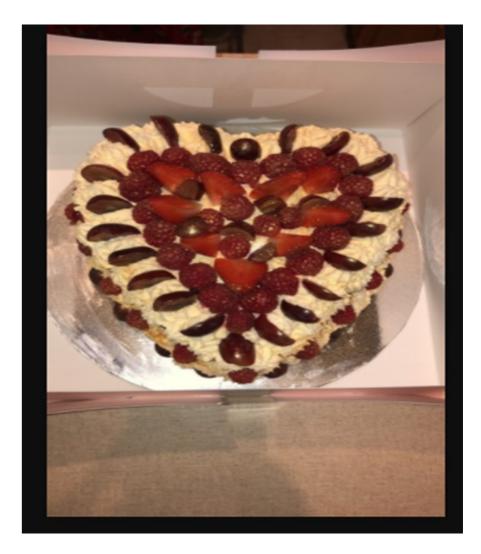




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Sixth Form Photography Competition

Year 13 Student: Millie Holmes













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PE—Nature Photo Challenge

Nature photos from Ms Boyall











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PE—Nature Photo Challenge

More nature Photos by George Ingall.



Canoeing on the river Trent.

Notts County players training near the park before their FA Trophy game against Oxford City. They were doing drills on sprinting which links in to the lesson on training speed.





Trent Bridge, the bridge that separates West Bridgford from the outskirts of the city.







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Mrs

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PE—Nature Photo Challenge

More nature photos from Grace Smith









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PE—Nature Photo Challenge

More amazing nature photos from Miss Corrall.







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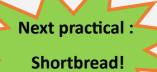
Miss Lad

Food and Nutrition

Teacher

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The "Covid Kitchen Gallery"



Ingredients:

- 150g plain flour
- 100g butter or baking fat/block
- 50g caster sugar



Isla Mae Heighton

Man naans!



Nathan Sharman (7SWA)





Bethany Brown (7LPR)

Chicken Korma with Naan and Chicken



Tel: 0116 2641080

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The "Covid Kitchen Gallery"

Miss Lad

Food and Nutrition







Amelia Clarke (7SWA)











Izzy Mason (Yr7)
Spaghetti Bolognaise







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Keane Sutton (Yr 10) Bread rolls



Emily Fernandez Reedy (7SMM)







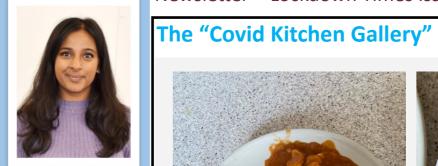
Wreake Valley Academy &

Bradgate Sixth Form





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Gautami Joshi (8BL)





LilyMae Foz (8BL)

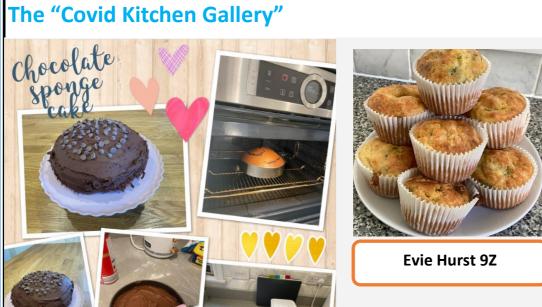


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Holly Maddams (8BL)



Keane Sutton (Yr 10)





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Art

Here is some amazing artwork done by our fellow students.



Seascape by George Larke



View from a Window by Rhys Patel

