

3rd March 2022

Dear Parents & Carers

With Covid 19 restrictions changing we thought it would be helpful to reconfirm the procedure if your child has symptoms of Covid or has tested positive for Covid 19.

From February 24th there is no longer a 'legal requirement' for people with coronavirus (COVID-19) infection to self-isolate, however if you have any of the main symptoms of COVID-19 or a positive test result, the public health advice is to stay at home and avoid contact with other people.

The main symptoms of COVID-19 are a recent onset of any of the following:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

If you have any of these symptoms you [should order a PCR test](#). You are advised to stay at home and avoid contact with other people while you are waiting for the test result.

Children and young people with COVID-19 should not attend their education setting while they are infectious.

If your child has COVID-19 they should stay at home and avoid contact with other people.

They should take a LFT test from 5 days after their symptoms started (or the day their test was taken if they did not have symptoms) followed by another one the next day (day 6). If both these tests results are negative, they should return to their educational setting if they normally attend one, as long as they feel well enough to do so and do not have a temperature.

If their day 5 LFT test result is positive, they should continue taking LFT tests until they receive 2 consecutive negative test results. They can return to school after they have received 2 consecutive LFT tests or have isolated for 10 days.

LFT testing kits can be collected from your local chemist or ordered online at <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

Kind regards

Nicola Morland
Head of School