WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

SPICE

FRIDAY

OPTION

OPTION

#2

ON THE SIDE

DESSERT OF THE DAY

CLASSIC BEEF LASAGNE

> With Garlic Bread

QUORN AND **BLACK BEAN FAJITAS**

with Rice

Green Beans Carrots

LEMON DRIZZLE **SPONGE**

HOT WOK **CHICKEN** NOODLES

CAJUN SWEET POTATO & SPINACH TART

> with New **Potatoes**

Sweetcorn Roasted Broccoli

> **BLONDIE WITH BERRIES**

BUTCHERS SAUSAGE & MASH

with Onion Gravy

VEGGIE SAUSAGE & **MASH**

with Onion Gravy

Red Cabbage Peas

APPLE & CHERRY DATY CRUMBLE with Custard

444 **BATTERED** & RICE **CHICKEN**

KORMA with 50/50 Rice

SWEET POTATO, CHICKPEA & SPINACH TIKKA

with 50/50 Rice

> Roasted Cauliflower & Sambals

FRUIT MUFFIN

FILLET OF FISH

served with Chips & Tartare Sauce

GREEK SPINACH & FILO PARCELS

and Chips

Peas Coleslaw

PINEAPPLE UPSIDE DOWN CAKE

SOUP OF THE DAY FILLED JACKET POTATOES

GRAB & GO SELECTION





TWO WEEK

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION

#1

OPTION

#2

ON THE

DESSERT OF

CHEESE AND ONION QUICHE

With New Potatoes

GREEN THAI VEGETABLE CURRY

with Rice

Roasted Butternut Squash Cauliflower

CINNAMON APPLE TURNOVER

STREET FOOD

SPICY CHICKEN

With Khobez and Tabbouleh Salad

HOUMOUS AND FALAFEL

With Khobez and Tabbouleh Salad

Red Cabbage Slaw and Roasted Chickpea Salad

SYRUP SPONGE

THE CLASSIC ROAST DINNER

with all the trimmings

BUTTERNUT &
BEETROOT
WELLINGTON

with Roast 🏀 Potatoes & Gravy

> Broccoli Sweetcorn

PLUM & VANILLA Crumble

🖔 with Custard

BEEF MEATBALLS IN TOMATO SAUCE

with 50/50 Rice

TOFU AND BROCCOLI WOK FRIED RICE

Carrots Green Beans

VANILLA SPONGE

FISHFINGERS OR SALMON FISHCAKES

with Chips

LOADED HOUND DOG

> with Chips

Baked Beans Garden Peas

CARROT CAKE

ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

CHECK OUT...

OUR HOT AND COLD GRAB & GO SELECTION

MENU KEY



ALIERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.



WEEK THREE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION

OPTION

#2

ON THE SIDE

DESSERT OF THE DAY STICKY SOY **AND HONEY NOODLES**

VEGETABLE PLAIT

with New Potatoes and Gravv

Green Beans Sweetcorn

WARM BANANA FLAPJACK

OUR HOT AND COLD **GRAB & GO SELECTION**

THE MEXICAN KITCHEN MEXICAN **BEEF CHILLI**

with 50/50 Rice or Soft Tacos

MEXICAN VEGETABLE RICE

Pineapple Salsa & Slaw

SCHOOL CAKE

CREAMY CHICKEN PIE

with Crispy Roasties & Gravy

ROAST QUORN **8 YORKSHIRE** PUDDING,

Crispy Roasties and Gravy

Roasted Carrots Swede

CHOCOLATE **SHORTBREAD** CAKE

CHICKEN KATSU **CURRY** with Rice

SMOKEY BBQ

with Couscous/ Spaghetti

PLANT BALLS

Broccoli Roasted **Vegetables**

STICKY TOFFEE **APPLE CRUMBLE** with Custard

FISH

BATTERED

with Chips & **Tartare Sauce**

THE BIG PLANT BURGER

with Chips

Garden Peas **Baked Beans**

PANCAKES & **CHERRY SAUCE**

SOUP OF THE DAY FILLED JACKET POTATOES



